

## Welcome to The Aspirations Programme...

A specially designed collection of lessons to support and inspire children's understanding of aspirations including the challenges to feeling aspirational, achieving goals and what success means.

Combining **Living Well Schools** and **The Story Project's** years of knowledge and experience of living, working and teaching in Bradford and Keighley, we have created a series of resources tailored to the needs of children in the city and beyond.

Using the magic of stories, we give depth to the topic of aspirations. Because, having aspirations isn't just about having a dream, it's about knowing how to get it when it seems a million miles away.

### What does the programme look like?

The programme is split into three key themes that underpin aspirations. Within each theme there are two books, each covering two objectives. The lessons can be adapted for use in assemblies, classes or as small group interventions.



### What can I expect in the lesson?

All lessons follow The Story Project's unique S.T.O.R.Y. structure; linking with key RSE and literacy skills and ensuring children have opportunity for discussion, critical thinking and reflection. Teachers find Story Project lessons engaging, easy-to-implement and supportive.

### Why use stories?

Reading is a naturally calming activity, which supports children's wellbeing. Stories create a distance between important topics and the reader, resulting in space where children feel safe to discuss their opinions, worries and ideas. Using diverse characters further inspires children to see themselves as aspirational, and to develop empathy for those around them. Not to mention, stories are memorable and fun!

Find out more at [story-project.co.uk](http://story-project.co.uk) or follow us on social media